

# Bee Balm

*Monarda fistulosa*



**Characteristics:** This fragrant member of the mint family spreads via rhizomes and has purple blooms. It will form clumps. Prefers full sun and moist soil. It is noted for its fragrance and is a source of oil of thyme. It may be brewed for tea. It was widely used by native Americans as a medicinal plant.

**Native Range:** North America

**Landscape Uses:** Perennial garden, herb garden, butterfly garden, Hummingbird garden, deer resistant

**USDA Hardiness:** Zone 3